

COVID-19 GUIDANCE FOR FAMILIES OF YOUNG CHILDREN IN PRE-SCHOOL/DAYCARE

This guidance explains how to handle your child's attendance at his or her pre-school or daycare when household members get tested for COVID-19 or are sick with COVID-19. A household is defined as the people living in the same home together. They might or might not be from the same family.

Young children in pre-school or daycare settings can easily become exposed to COVID-19 from household members and transmit the infection to others outside the home even if they have mild or no symptoms of the infection.

To reduce the spread of COVID-19, it is important that parents/guardians follow the quarantine and isolation guidance below. Quarantine and isolation are almost the same with some exceptions. Detailed instructions on how to quarantine or isolate are available on the Rockland County website <http://rcklnd.us/covid19>.

Quarantine is 10 days starting from the last day of contact with a COVID-19 positive person while monitoring for symptoms up to 14 days.

Isolation is 10 days from the start of symptoms of COVID-19 or, if there are no symptoms, starting the day a COVID-19 positive test was taken. When getting tested, a person must assume they are COVID-19 positive and isolate from others until a negative test result is confirmed.

When you or a household member gets tested for COVID-19:

Assume your child was exposed and keep your child at home until the test results are confirmed starting from the day the household member(s) got tested.

- a) If two tests are taken (a rapid and a "PCR"), wait for the PCR results. It may take a few days for the "PCR" test results to be reported to you.
- b) If test results of all household members are negative, your child may return to pre-school/daycare with documentation of the negative test results.
- c) If one or more of the test results of household members are positive, follow the guidance below.

When a household member tests positive for COVID-19

Keep your child at home in quarantine for the 10-day period of isolation of the household member plus 10 more days after the last day of contact with that person. This may be a total of 20 days.

There is no need to test the child after this quarantine period ends to return to pre-school/daycare unless required by pre-school/daycare policy.

If your child shows symptoms* or tests positive for COVID-19:

Isolate the child from other household members for 10 days from the day symptoms start.

There is no need to test the child after this isolation period ends to return to pre-school/daycare unless required by pre-school/daycare policy.

Household members who had close contact with the child up to two days before the child's symptoms started should quarantine.

*Symptoms of COVID-19 may include congestion (stuffy or runny nose), cough, sore throat, nausea, diarrhea, belly pain, fever, body aches. Other symptoms are possible.

For questions, contact the Rockland County Department of Health COVID-19 Call Center
Phone: 845-238-1956, Monday – Friday, 8:00am to 5:00pm
Email: CovidCallCenter@co.rockland.ny.us